

Marilyn's Essence



30 MIN

½ Cup

Easy

Ingredients

- 2 ½ tablespoons paprika
- 1 teaspoon black pepper, freshly ground
- 2 tablespoons garlic powder
- 1 tablespoon onion powder
- 1 teaspoon salt- leave this out for a low sodium diet
- 1 tablespoon dried oregano
- 1 tablespoon dried thyme
- ¼ teaspoon cayenne

Instructions

Combine all the ingredients in a mixing bowl. Blend well.

Can be stored in an airtight container in your spice cabinet for up to 3 months.